

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 HOLIDAY	2 Pop Tart 1 ea Craisins 1 c	3 Double Chocolate Chip Bar 1 ea Apple Strawberry Crisps ½ c Craisins ½ c	4 Maple Pancake & Chicken Sausage Sandwich 1 ea Sliced Apples ½ c Craisins ½ c	5 Pink Concha 1 ea Orange Juice 4 oz Craisins ½ c
8 Cinnamon Swirl 1 ea Craisins 1 c	9 Oatmeal Chocolate Chip Bar 1 ea Grapes ½ c Craisins ½ c	10 Maple Snack N' Waffle 1 ea Bananas ½ c Craisins ½ c	11 Ultimate Breakfast Round 1 ea Sliced Apples ½ c Craisins ½ c	12 White Concha 1 ea Apple Juice 4 oz Craisins ½ c
15 Sausage & Cheese Croissant 1 ea Craisins 1 c	16 French Toast Bar 1 ea Grapes ½ c Craisins ½ c	17 Super Donut 1 ea Bananas ½ c Craisins ½ c	18 Fun n Fruti Waffle 1 ea Sliced Apples ½ c Craisins ½ c	19 Chunky Monkey Bar 1 ea Orange Juice 4 oz Craisins ½ c
22 Mini Cinnis 1 ea Craisins 1c	23 Chocolate Muffin 1 ea Grapes ½ c Craisins ½ c	24 Breakfast Cluster 1 ea Bananas ½ c Craisins ½ c	25 Marshmallow Mateys 1 ea Sliced Apples ½ c Craisins ½ c	26 Homemade Banana Bread 1 ea Apple Juice 4 oz Craisins ½ c
29 Pop Tart 1 ea Craisins 1 c	30 Ham and Swiss Croissant 1 ea Grapes ½ c Craisins ½ c	Must offer all 4 and students must take 3. Must include ½ cup of fruit/veg Daily Milk Options: Fat Free Choc Milk 8 oz 1% White Milk 8 oz	BEMIS CURTIS DOLLAHAN DUNN FITZGERALD GARCIA HUGHBANKS MORRIS PRESTON WERNER Updated 8/19/25 JPS	SEPTEMBER ELEMENTARY B.I.C. 1 Working Menu